



ЦЕНТЪР
ЗА РАЗВИТИЕ
НА ЧОВЕШКИТЕ
РЕСУРСИ



PROJECT



Green
Point



Venue : Kranevo, Bulgaria

Arrival day: 3 September 2023

Departure day: 9 September 2023

Organizer: Art Way, BULGARIA

Coordinator: Artyom Tsvetanov

Partner countries:

Bulgaria 

Romania 

N. Macedonia 

Turkey 

Participants: 5 males and 5 females 18-25 years old + 1 group leader 18+ (any participants per country could be with fewer opportunities: unemployed, NEET, with social or health problems, from poor areas or families etc.)

Project supported within European Union Erasmus+ programme



ABOUT THE PROJECT

The Youth Exchange will take place in [Hotel Kristel Park, Kranevo, Bulgaria](#)

All teams should *arrive* on **03.Sept.2023**. *Activities* should continue *until* **09.Sept.2023**. September 10th is the *departure day*.

The GREEN POINT project should raise the awareness of the young generation, while debating on climate change, discussing more specific solutions and alternative practices on various environmental and pollution problems. We will discover, discuss, analyze, make respective materials and disseminating specific local examples of environmental protection, in order to increase the uptake of possible socio-environmental changes, as well as OUR self-perception that they can participate or themselves to bring about change.



PROJECT AIMS



- Increasing the critical attitude of young people, towards environmental problems and the **carbon footprint** we leave;
- Increasing the environmental upbringing and education of young people, as well as motivating them to get involved in environmental initiatives;
- Increasing awareness on the separate collection of waste and improving capacity about the importance of the recycling process;
- Ensuring the sustainability of activities in terms of behavior, individual preferences, consumer habits and lifestyle;
- Increasing the supply of content and tools for youth, youth workers and trainers in the field of environmental education;
- Strengthening youth networks and capacity to take action, also their social and political participation in the environmental decision-making process;



IMPACT ON PARTICIPANTS



Energy & Land
efficiency

Resource conservation



Air & Biodiversity

Waste avoidance

Water conservation

- ▶ *Environmental education* and communication ...
- ▶ Greater *emphasis* concerning *environmental issues* ...
- ▶ **Attention** to the behaviour of each individual citizen ...

Target a wide range of *young people, students, parents* ▶▶ to be able to increase *environmental* culture and *social responsibility* of **Our Society** ...
encourage their engagement ... **thinking change & Behaviour** ... *publicity* ...
emotional impact on public





PARTICIPANT REQUIREMENTS

☑ **!ALL PARTICIPANTS MUST BE COMMITTED TO ATTEND AND PARTICIPATE IN THE FULL DURATION OF THE PROJECT;**

☐ **!ENGLISH LEVEL REQUIRED: BEGINNER TO INTERMEDIATE;**

☐ **!DESIRE TO EXPERIENCE NEW CULTURES, ACQUIRE NEW SKILLS & COMPETENCES and MAKING A POSITIVE IMPACT;**

Note! CANDIDATES, FACING OBSTACLES AND/OR BEING AT THE RISK OF SOCIAL EXCLUSION WILL HAVE PREFERENCE IN THE SELECTION

Leaders after they are chosen, as such, for their teams have to contact the Bulgarian coordinator Artyom Tsvetanov!

Tel.: +359.887.612.441 - available on WhatsApp or Viber

WHAT MORE TO EXPECT?

Pay attention on the safety measures:

- You'll live in an intercultural environment, so accept all cultures and be tolerant!
- **NO DRUGS ALLOWED !!!** Alcohol only after activities in the evening and consumed with responsibility and accordingly laws from each country concerning age !!
- You have to **attend and be involved in ALL ACTIVITIES** during the project and also in **DISSEMINATION PHASE !!!**
- Other rules and safety measures will be provided to all teams after all groups arrival!!!

Before, During & After the ACTIVITIES

Please post announcements about the project on your websites, blogs or any other platform and add to the project page <https://www.facebook.com/groups/802945878028456>

some print screens or copies - **OBLIGATORY !!!**

All team members should be added by their team leaders to this Facebook group!



What should you prepare?

- A **research** about **environment problems** in your region/country (pollution, consumerism, obesity etc.);
- Be prepared to propose games, energizers, activities for free time or for our workshops
- Each national team should have at least one laptop ready to be used for working and editing texts/photos;
- Bring with you some recyclable materials that you don't use like: clothes, unneeded jewellery (broken, plastic, wooden, metal, stone etc.), magazines, CD's, toys etc.
- as we want to use as less plastic, as possible please use, as little as possible, plastic cups, bottles and etc. disposables (stirrers, spoons, forks, etc.) ... and/or try to re-use the same
- for **Intercultural evening** you have to bring some traditional food and drinks and to be ready to teach us a song or a dance. **ATTENTION !!!** There is not possible to use kitchen for cooking (because of new regulations about safety and hygiene), so bring dry conserved foods and drinks ... you can prepare short and easy meals that can be done without oven like salads etc. ... if you need some ingredients like vegetables, oil, salt, regular spices, bread etc. There are some common ones here in Kranevo, as well.



REIMBURSEMENT

In order to get the travel costs back we need to get from you any internal bus, train (public transport) **tickets** - if you have used any. Be sure you have price and date on bus and/or train tickets. If not, ask for receipts or invoices.

If you travel by **CAR** contact us to tell you the rules and documents needed!

Reminder the travel dates for the project are 3 and 10 of September.2023.

Only the Turkish Group will start their trip on 2nd of September.

Note! TAXI costs are not eligible and will NOT be reimbursed!

No costs of accommodation, food or other expenses will be reimbursed for days outside the project.



Health INSURANCE



Any kind of insurances are in participants' individual charge and **NOT** reimbursable!

EU Health Card can be used, if you have such.

For those, who does not have health insurance eligible in Bulgaria, during your stay, **communicate with your country group leader**, in order to **get one!**

Keep in mind that paying for medical services in Bulgaria (in case you do not have eligible insurance for the period of your stay) is not cheap!

Better have one before coming to our seaside, even tiny stomachache can stop you participating and feeling well during your stay!



All the participants should bring their **European Health Card**. You can use the free **European Health Insurance Card (EHIC)** to allow you access to public hospital treatment. Please be aware that the **EHIC is NOT a travel insurance policy**, it will not cover private health care, non-emergency health costs, or being flown back to your home country.

Participants who cannot have the European Health Insurance Card should have insurance valid for the whole duration of the project!

We highly recommend you to make a health & travel insurance for the full duration of your time in Bulgaria!

- If you have to isolate and make quarantine we cannot cover the cost for it.
- If you need to take regular medications, please arrange it by yourself as we are unable to provide them for you.

Likewise, if you have any health conditions, disabilities or mobility issues that you feel we need to be aware of or if that may affect your participation in the project activities, Please inform us for any specifics we should know and how we could assist!



Other practicalities

Currency: 1 euro = 1.95 Bulgarian Leva in Banks when you buy.
Usually when not at bank is around 1.90 sell & ~2.00 buy

Timezone

Bulgaria is GMT +03. GMT stands for Greenwich Mean Time. Sofia, Bulgaria time is 3 hours ahead of GMT. So, when it is 11:00 am GMT it will be 2:00 pm in Sofia

<https://www.worldtimebuddy.com/gmt-to-bulgaria-sofia>

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(!) Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them - most of them are cheaters.

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For any other questions and comments or questions contact

Email: artway@abv.bg

Artyom Tsvetanov cell:+359.887.612.441 - available on WhatsApp or Viber

ART WAY INFO:

<https://www.facebook.com/ArtWayYouthExchange/>

